

Volunteer Opportunities

IHC Hospitals

Requirements/How to Volunteer:

- Be at least 14 years old, according to facility/service area age requirements
- Complete an online application or stop by the volunteer office
- Select the Junior Category (ages 14-17) at the bottom under Volunteer Category
- Provide a character reference
- Complete new volunteer orientation requirements
- Comply with volunteer health requirements: a two-step tuberculosis screening, t-dap vaccination and proof of current immunizations
- Consent to a criminal background check and a drug test
- Be physically able to complete the tasks required of the position

What you'll be doing:

- Depending on your age, the hospitals have volunteer opportunities in a plethora of categories.

Commitment

- Depends on volunteer opportunity.

Special Notes

- Website has all hospitals in Utah. Keep in mind the location.
- New volunteer opportunities are posted the first Monday of each month.

Aquarium

Requirements/How to Volunteer:

- Go to <http://www.thelivingplanet.com/index.php/volunteer>
- Scroll down, look through volunteer categories and apply for what best fits you.
- Must be at least 14 years of age, and currently enrolled in 9th grade or higher.
- Must be able to attend all mandatory training sessions.

What you'll be doing:

- Volunteer opportunities range from cleaning to assisting guests in understanding the exhibit.

Commitment:

- One nine hour shift per month or two 4.5 hour shifts per month for a minimum of six months.

Special Notes:

- Although volunteer opportunities range, every volunteer must complete 110 hours of service in Exhibit Interpreter before volunteering as a "specialist".
- There is a \$20 fee to cover cost of uniform.

Big Brother Big Sister

Requirements/How to Volunteer:

- Go to www.bbsu.org and click on the volunteer tab.
- Fill out online application.
- Be **14 years of age or older (must be at least a freshman in high school)**.
- Be able to commit to one year of visits (12 months from the date you are matched) with your “Little” (the child you will be mentoring), at his or her elementary school, for one hour a week.
- Have your own transportation to and from your Little’s school
- **Complete our volunteer orientation**
- After you have completed the orientation process, you will be contacted to begin the application for enrollment.
- All of our volunteers must complete the application, pass a background check (or, if under 18, must have a parent permission slip instead), provide at least 3 references, and meet with one of our enrollment staff for an interview before being assigned a web-based mentor training. Then once everything for enrollment is completed, a decision will be made about acceptance into our program, and if that is favorable, we will make every effort to match you with a mentee.

What you’ll be doing:

- At the beginning of the program you’ll be paired up with your “little brother” or your “little sister” and throughout the year you plan activities for you two to do.

Commitment:

- Once a week for an hour
- Commit for at least 12 months

Thanksgiving Point

Requirements/How to Volunteer:

- Be at least 14 years of age
- go to <http://www.thanksgivingpoint.org/support/volunteer/currentopportunities> There are plenty of opportunities all with different requirements and jobs, pick one that interests you!

What you’ll be doing:

- It depends on what volunteer opportunity you apply for.

Commitment:

- It depends on what volunteer opportunity you apply for.

Brian McKay Eddington Learning Center

Requirements/How to Volunteer:

- Call 801-492-3593 to volunteer

What you'll be doing:

- Tutoring students from kindergarten through junior high/high school with school assignments (math, science, spelling, etc.)

Commitment:

- They want one hour per week: Mon-Thurs 3-6 pm

Special Notes:

- Although you don't have to have a definite schedule (ex. every Thursday at 4), they still want one hour per week so they know they will always have tutors available.

Our School Help Labs

Requirements/How to Volunteer:

- Be able to assist students in lab category. (Science, Math, Language, etc.)

What you'll be doing:

- Assisting High School students with homework, test reworks etc. in one of the lab categories (Science, Math, Language, etc.)

Commitment:

- No set schedule, but try and attend once per week. (Schedules may vary, contact specific lab for more info.)

Special Note:

- Some classes require students to go to the help lab for a grade-this does not count as NHS Service hours. Sorry.

Your Local Elementary School

Requirements/How to Volunteer:

- Contact your local elementary school for more info.

What you'll be doing:

- Depends on Elementary School/Teacher/Library. I have heard of students helping teachers with their class (helping students, preparing handouts, grading papers, etc.) and I have also heard of students helping out in the library (laminating, putting books back, etc.)

Commitment:

- Usually worked out with specific school/advisor.

Other opportunities to look into:

- Developmental Center
- Retirement Homes
- City Departments

Finally...your service doesn't have to be "official". Making cookies or raking leaves for your neighbor is service!